

5 Steps to Online Opt Out

1. Go to www.studentbenefits.ca
2. Click on the Mount Allison Students' Union logo, then on Opt Out.
3. Fill out the online form. (Be sure to check the box to waive your right to participate in the MASU Health, Dental and/or Medical Plan.) You must use your MASU ID number not your student number. This is found on connect under my profile.
4. You can upload a picture or scanned copy of your acceptable proof of coverage by clicking the "I can upload acceptable proof of coverage now". (The system only accepts .jpg, tif, .pdf and .doc files.)
5. If you cannot upload your proof of coverage, you must bring your acceptable proof of coverage in person to the Mount Allison Students' Union on the 1st floor of the Wallace McCain Student Centre, 62 York Street, before the deadline date (September 30th) in order to complete the opt out.

*You must have a printed copy of your online opt out confirmation page, proving you filled out the online opt out form, while dropping off proof.

If you have any questions please contact:

Insurance Plan Administrator at

(506) 364-2231

masuhealth@mta.ca